

Amanecer

Our clients

Amanecer was created to address an increasing need for affordable, bilingual, and culturally appropriate therapy for uninsured first and second generation immigrants and asylum-seekers from Latin America.

Many of these youth have experienced intense trauma or deal with the after-effects of trauma faced by family members. These youth also face acculturation issues within their families.

Immigrant youth are often put into positions of translating for their parents, navigating complex social institutions on behalf of their families, assisting with care-taking of younger siblings, and struggling to stay in school despite the need to earn additional income.



Our services

We focus specifically on issues of trauma, acculturation, and resiliency in immigrant youth.

We meet our clients where they are – in their schools and homes. All clients begin in group therapy at local partner charter schools where they receive positive peer support and psychoeducation about acculturation and trauma recovery. Youth also explore ways to creatively and appropriately express their emotions and experiences, such as art, music, movement, storytelling, and creative writing.

Youth who need additional or more intensive support will be provided individual and/or family therapy services in their homes.

Through in-home family therapy, youth and their families will learn positive communication skills, strengthen family support, and understand and combat the negative effects of trauma on families.

We currently rely on a small team of dedicated volunteers. As such, we are not able to accept outside referrals at this time.

Get involved

Donate

Here is what your monetary donation to Amanecer will support:

- \$7 provides a therapy journal for a young client
- \$50 provides supplies for a month of art therapy groups
- \$150 provides youth with a workshop on creative expression for trauma recovery
- \$200 provides a month of licensed supervision for volunteer therapists

We are also in need of the following in-kind donations:

- Art supplies, journals, and pens
- New or gently used file folders
- Gas cards (our therapists travel to clients' homes for therapy)
- Grocery cards (to provide snacks for large group therapy sessions)

All donations are tax deductible.

Volunteer

We are always looking for bilingual licensed therapists and creative expression workshop facilitators willing to work with traumatized youth and their families.

Free monthly group supervision by LISW therapists will be provided for all volunteer LMSW therapists.



Who is JAZZ for Health?

Justice, Access, Support and Solutions for Health (“JAZZ for Health”) is a 501(c)3 non-profit organization.

Our mission is to promote the development and sustenance of individuals and organizations that provide health services, health literacy, community health promotion, health leadership development, health advocacy and health system change.

Programs include Casa de Salud (family medical clinic), VIDA in Healthcare (advocacy), Pathways (social services), and Amanecer (mental health services).



A program of JAZZ for Health
to provide mental health services for
uninsured youth focusing on resiliency,
trauma recovery and healthy
acculturation.

Justice, Access, Support, and Solutions for Health

(JAZZ for Health)

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